

The Temple Recommend Questions are My Testimony

I testify of God, the Eternal Father, His Son, Jesus Christ, and the Holy Ghost. I know that They live, and I have felt Their presence in my life. My faith in Jesus Christ is the foundation of my life, and I know He is my Savior and Redeemer. Through His Atonement, I have experienced the power of forgiveness and the strength to overcome challenges.

I know that the gospel of Jesus Christ was restored through the Prophet Joseph Smith. I testify that the Book of Mormon is the word of God. The Book of Mormon has deepened my understanding of the Savior's love and has strengthened my faith in Him.

I am grateful that we are blessed to have a living prophet today, President Russell M. Nelson, who holds and exercises all the keys of the priesthood. I sustain him, along with the First Presidency and the Quorum of the Twelve Apostles, as prophets, seers, and revelators. I also sustain the other General Authorities and my local leaders, knowing they are called of God to guide His Church.

I strive to live a clean and virtuous life, seeking to follow the teachings of the Savior in my thoughts, words, and actions. I obey the law of chastity and strive for moral cleanliness, understanding the sacredness of these commandments. I work to keep the Sabbath day holy by attending meetings, partaking of the sacrament worthily, and dedicating the day to the Lord.

Honesty is a principle I hold dear, and I strive to be honest in all that I do. I joyfully pay a full tithe and obey the Word of Wisdom, recognizing these as commandments that bless and protect me. I am grateful for the opportunity to wear the garment of the holy priesthood, understanding it as a sacred symbol of Jesus Christ and my temple covenants. I treat it with reverence and strive to honor my covenants daily.

I find joy in participating in the sacred ordinances of the temple. I am profoundly grateful for the teachings of the temple, which not only prepare us to return to the presence of Heavenly Father but also offer continual guidance, strength, and abundant blessings in our lives here and now.

I know that as I remain faithful and obedient, I will be blessed with the Savior's mercy, strength, and guidance. I am humbled by the knowledge that this is the Church of Jesus Christ, restored to the earth in these latter days. I consider it a sacred privilege to be a part of His work.

I testify of these truths in the name of Jesus Christ, amen.