

## **The Temple Recommend Questions are My Testimony**

I testify of God, the Eternal Father, His Son, Jesus Christ, and the Holy Ghost. I know that They live, and I have felt Their presence in my life. My faith in Jesus Christ is the foundation of my life, and I know He is my Savior and Redeemer. Through His Atonement, I have experienced the power of forgiveness and the strength to overcome challenges.

I know that the gospel of Jesus Christ was restored through the Prophet Joseph Smith. I testify that the Book of Mormon is the word of God. The Book of Mormon has deepened my understanding of the Savior's love and has strengthened my faith in Him.

I am grateful that we are blessed to have a living prophet today, President Russell M. Nelson, who holds and exercises all the keys of the priesthood. I sustain him, along with the First Presidency and the Quorum of the Twelve Apostles, as prophets, seers, and revelators. I also sustain the other General Authorities and my local leaders, knowing they are called of God to guide His Church.

I strive to live a clean and virtuous life, seeking to follow the teachings of the Savior in my thoughts, words, and actions. I obey the law of chastity and strive for moral cleanliness, understanding the sacredness of these commandments. I work to keep the Sabbath day holy by attending meetings, partaking of the sacrament worthily, and dedicating the day to the Lord.

Honesty is a principle I hold dear, and I strive to be honest in all that I do. I joyfully pay a full tithe and obey the Word of Wisdom, recognizing these as commandments that bless and protect me. I am grateful for the opportunity to wear the garment of the holy priesthood, understanding it as a sacred symbol of Jesus Christ and my temple covenants. I treat it with reverence and strive to honor my covenants daily.

I find joy in participating in the sacred ordinances of the temple. I am profoundly grateful for the teachings of the temple, which not only prepare us to return to the presence of Heavenly Father but also offer continual guidance, strength, and abundant blessings in our lives here and now.

I know that as I remain faithful and obedient, I will be blessed with the Savior's mercy, strength, and guidance. I am humbled by the knowledge that this is the Church of Jesus Christ, restored to the earth in these latter days. I consider it a sacred privilege to be a part of His work.

I testify of these truths in the name of Jesus Christ, amen.

# Interview Questions for Recommends to Enter a Temple

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Instructions for issuing temple recommends can be found in chapter 26 of *General Handbook: Serving in The Church of Jesus Christ of Latter-day Saints*.

In each interview, emphasize to the member the need to safeguard his or her recommend. It must never be loaned and should be reported immediately to the issuer if lost or stolen. (See *General Handbook: Serving in The Church of Jesus Christ of Latter-day Saints*, 26.2.2.)

1. Do you have faith in and a testimony of God, the Eternal Father; His Son, Jesus Christ; and the Holy Ghost?
2. Do you have a testimony of the Atonement of Jesus Christ and of His role as your Savior and Redeemer?
3. Do you have a testimony of the Restoration of the gospel of Jesus Christ?
4. Do you sustain the President of The Church of Jesus Christ of Latter-day Saints as the prophet, seer, and revelator and as the only person on the earth authorized to exercise all priesthood keys?  
  
Do you sustain the members of the First Presidency and the Quorum of the Twelve Apostles as prophets, seers, and revelators?  
  
Do you sustain the other General Authorities and local leaders of the Church?
5. The Lord has said that all things are to be “done in cleanliness” before Him (Doctrine and Covenants 42:41).  
  
Do you strive for moral cleanliness in your thoughts and behavior?  
  
Do you obey the law of chastity?
6. Do you follow the teachings of the Church of Jesus Christ in your private and public behavior with members of your family and others?
7. Do you support or promote any teachings, practices, or doctrine contrary to those of The Church of Jesus Christ of Latter-day Saints?
8. Do you strive to keep the Sabbath day holy, both at home and at church; attend your meetings; prepare for and worthily partake of the sacrament; and live your life in harmony with the laws and commandments of the gospel?
9. Do you strive to be honest in all that you do?
10. Are you a full-tithe payer?  
  
For new members seeking a recommend to perform proxy baptisms and confirmations: Are you willing to obey the commandment to pay tithing?
11. Do you understand and obey the Word of Wisdom?

12. *(This question is omitted when interviewing a child or youth.)*

Do you have any financial or other obligations to a former spouse or to children?

If yes, are you current in meeting those obligations?

13. *(This question is omitted when interviewing a member who is not endowed.)*

Do you keep the covenants that you made in the temple?

14. *(This question is omitted when interviewing a member who is not endowed.)*

Do you honor your sacred privilege to wear the garment as instructed in the initiatory ordinances? (Read the “Wearing the Temple Garment” statement, included below, to each member.)

15. Are there serious sins in your life that need to be resolved with priesthood authorities as part of your repentance?

16. Do you consider yourself worthy to enter the Lord’s house and participate in temple ordinances?

## **Wearing the Temple Garment**

The garment of the holy priesthood reminds us of the veil in the temple, and that veil is symbolic of Jesus Christ. When you put on your garment, you put on a sacred symbol of Jesus Christ.

Wearing it is an outward expression of your inner commitment to follow Him. The garment is also a reminder of your temple covenants. You should wear the garment day and night throughout your life. When it must be removed for activities that cannot reasonably be done while wearing the garment, seek to restore it as soon as possible. As you keep your covenants, including the sacred privilege to wear the garment as instructed in the initiatory ordinances, you will have greater access to the Savior’s mercy, protection, strength, and power. (Additionally, see *General Handbook*, 38.5.)

